

STRIDES

FOR SENIORS

September is National Senior Center Month

Senior Walk & Expo

Friday, September 20, 2019

9 AM - 1 PM

Palmer Park in Detroit

On Merrill Plaisance near McNichols Rd.



Participating Senior Centers

Adams Butzel Complex
Bridging Communities
Butzel Family Center
Farwell Recreation Center
Hannan Center
Heilmann Recreation Center
La Sed Senior Center

NSO OAS– Northwest Activity Center
Patton Recreation Center
People's Community Services
St. Patrick Senior Center
Williams Community Center
Young Recreation Center

Presenting Sponsor



Gold Sponsors



Expo



- ✓ Give-A-Ways
- ✓ Prize Drawings
- ✓ Program Showcase
- ✓ Health Screenings
- ✓ Medicaid & Medicare Resources
- ✓ Senior Support Services
- ✓ And More. . .





Shirt Color and

Print: TBD

Walk or Dance

☐ I am registering WALKERS/DANCERS.

_____ x \$25.00 fee = \$_____

of Walkers

Total

Pre-register by Aug. 26, 2019 to assure
your t-shirt size will be available. Shirts may be
picked up at after Sept. 13th

CONTACT & T-SHIRT SIZE:

___ S ___ M ___ L ___ XL ___ 2X ___ 3X

Name: _____

Address: _____

City: _____ ST: _____ Zip: _____

Phone: _____

Email: _____

PAYMENT:

Payable to: St. Patrick Senior Center

RETURN FORM & FEE TO:

St. Patrick Senior Center

58 Parsons, Detroit, MI 48201

Tel: (313) 833-7080

STRIDES FOR SENIORS
RELEASE & INDEMNIFICATION:

I, for myself, my heirs, and executors, in consideration of any participation in the Strides for Seniors walk, hereafter called the event, hereby release and hold harmless St. Patrick Senior Center, Inc. and others connected with this event, including sponsors, cities, senior agencies, municipalities, employees, volunteers, or agents collectively called the event group, from any and all claims for damages or injuries which I may suffer in connection with the event. I hereby certify that I am in good condition and am able to walk in this event. Additionally, I will permit the use of my picture in broadcast, print, and other media. This entry is invalid unless signed by the entrant. If the entrant is under 18, a parent or guardian must sign entry.

Printed Name

Participant's Signature
(Parent/Guardian if under 18)

Date

